



Hawk's Eye

Weekly News from Hope Elementary School

hes.fivetowns.net

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[Hope Elementary School Facebook](#)



Upcoming Events for Your Calendar

May 27th – No school (teacher workshop day)
May 30th – No school (Memorial Day)
June 9th – HES music concert (5PM)
June 10th – Books & Blankets outdoor assembly for K-2 (1-1:30PM)
June 16th – Last day of Pre-K
June 20th – No school (Juneteenth)
June 24th – Last day of school (with 5 snow days used)

“Perfectionism is a twenty-ton shield that we lug around, thinking it will protect us, when in fact it’s the thing that’s really preventing us from taking flight.”

~Brené Brown

HOPE RESIDENTS!

SIGN UP FOR FALL 2022 KINDERGARTEN HERE:

[Kindergarten Registration](#)

The 8th grade flower power fundraiser is still open for orders until May 15th! All money raised will benefit their class trips and graduation expenses. Order via the link below:



[FLOWER POWER](#)



YEARBOOKS ARE AVAILABLE ON A FIRST COME, FIRST SERVED BASIS. \$15 – Contact hesoffice@fivetowns.net to order a copy.

Hope Elementary School 2022-2023 School Calendar

JULY						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

SEPTEMBER (19)						
S	M	T	W	T	F	S
4	H	O		W	2	3
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

NOVEMBER (16)						
S	M	T	W	T	F	S
6	7	8	9	10	H	12
13	14	15	16	17	18	19
20	W	W	X	H	X	26
27	28	29	30			

JANUARY (20)						
S	M	T	W	T	F	S
1	H	3	4	5	6	7
8	9	10	11	12	13	14
15	H	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

MARCH (22)						
S	M	T	W	T	F	S
5	6	7	8	9	10	11
12	13	14	15	16	W	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

MAY (22)						
S	M	T	W	T	F	S
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	H	30	31			

AUGUST						
S	M	T	W	T	F	S
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	W	W			

OCTOBER (20)						
S	M	T	W	T	F	S
2	3	4	5	6	7	8
9	H	11	12	13	14	15
16	17	18	19	E	21	22
23	24	25	26	27	29	29
30	31					

DECEMBER (16)						
S	M	T	W	T	F	S
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	E	X	24
25	H	X	X	X	X	31

FEBRUARY (15)						
S	M	T	W	T	F	S
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	H	X	X	X	X	25
26	27	28				

APRIL (15)						
S	M	T	W	T	F	S
2	3	4	5	6	7	8
9	10	11	12	13	E	15
16	H	X	X	X	X	22
23	24	25	26	27	28	29
30						

JUNE (15)						
S	M	T	W	T	F	S
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	H	20	21	O	23	24
25	26	27	28	29	30	

First Trimester (57 days)

August 30 - Sep. 1	Teacher Workshop Days
September 5	Labor Day
September 6	First Day of School K-8
September 12	First Day for Pre-K
September 22	Open House
October 10	Indigenous Peoples Day
October 20	Early Release (11:30)/PT Conference
November 11	Veterans Day
November 21 & 22	Teacher Workshop Days
November 23 & 25	No School
November 24	Thanksgiving
December 2	End of First Trimester

Second Trimester (61 days)

December 22	Early Release (11:30)/Staff & Student
December 23-31	Holiday Vacation
December 26	Christmas Day (observed)
January 2	New Year's Day (observed)
January 16	Martin Luther King, Jr. Day
February 9	PT Conferences 8th Grade
February 20	Presidents' Day
February 20-24	School Vacation
March 16	End of 2nd Trimester
March 17	Teacher Workshop Day

Third Trimester (62 days)

April 14	Early Release (11:30)/Staff & Student
April 17	Patriot's Day
April 17-21	School Vacation
May 4	Early Release (11:30)/PT Conference
May 29	Memorial Day
June 15	Last Day for Pre-K
June 19	Juneteenth
June 22	Early Release/Last Day (with 5 snow days used)

H - School Holidays (11)

O - First/Last days (2)

X - School Vacation Days (15)

E - Early Release Days @ 11:30 (4)

W - Teacher Workshop Days (6) plus 2 flex days

180 Student Days (5 snow days built in)

175 Actual Student Days

*Last day of school is subject to change.



HES MENU for May 16th - May 20th

This institution is an equal opportunity provider.

- **Monday (5/16):** Croissants with Fruit (Breakfast)
Popcorn Chicken with Potato Wedges (Lunch)
- **Tuesday (5/17):** Fruit & Yogurt Parfait (Breakfast)
Ham & Cheese Sandwich with Chips (Lunch)
- **Wednesday (5/18):** Blueberry Muffins with Fruit (Breakfast)
Meatloaf, Mashed Potatoes and Green Beans (Lunch)
- **Thursday (5/19):** Cereal (Breakfast)
Cheeseburgers (Lunch)
- **Friday (5/20):** Nutri Grain Bars with Yogurt (Breakfast)
Pepperoni Pizza (Lunch)

ALL MEALS ARE FREE FOR STUDENTS

Breakfast includes protein, fruit, whole grain and milk.

Lunch options include a choice of salad, bagel or sandwich/entrée of the day. Fruit, a whole grain item, veggie slices and milk are offered with all meals.

Health Notes

2022 Lyme Disease Awareness Month theme this May is "Tick Wise"

It is important to practice tick prevention measures frequently. The easiest way to avoid tickborne diseases is preventing tick bites.

Remember to be "Tick Wise":

- Know tick habitat and use caution in areas where ticks may live.
- Wear light-colored clothing that covers arms and legs.
- Use an EPA-approved repellent such as: DEET, picaridin, IR3535, or oil of lemon eucalyptus.
- Perform tick checks on yourself, family members, and pets daily and after any outdoor activity. Take a shower after exposure to a tick habitat to wash off any crawling ticks.

Visit the Maine.gov websites for more information about [Lyme Disease](#) and [Lyme Disease Awareness Month Activities](#).

IMMUNIZATION REMINDERS for FALL 2022

Students entering 7th GRADE are required to have 2 immunizations (in addition to the immunizations for entering Kindergarten) by the first day of school:

- Tdap booster
- Meningococcal Vaccine

Check with your provider to schedule these immunizations if your child has not already received them.

Medical Exemptions for Immunizations:

If your child has a **signed medical exemption** currently on file, it **must be updated ANNUALLY**.

All immunization documentation must be on file **by the first day of school, September 6th, 2022** for your child to attend.



Books and Blankets



Friday June 10

1:00 – 1:30

Hathorne Field

*Rain Date Friday June 17

K-2 students have been working hard all year to develop their reading skills. Please come share in a community celebration of our young readers!

We invite you to grab a blanket for your family to sit on and to come meet us on Hathorne Field at Hope Elementary school at **1:00pm** on **Friday June 10**. Your student will bring a basket of books to read and share with you!

If you have more than one student in K-2, we invite you to all share a blanket as a family and have your students take turns sharing their reading.

If preferred, you may dismiss your student(s) after the event by checking in with their classroom teacher.

Please limit 2 guests per student.

RSVP **YES** or **NO** to your teacher's email with the names of your guests.

If you cannot attend, we will ask school adults to fill in to ensure every student has a blanket buddy ☺



Five Town Football is excited to announce it will once again be hosting its annual Jammer Camp at the True Park in Hope on the evenings of **July 12, 13 and 14th from 5:30-7:30 pm**. Jammer Camp is an opportunity for K-8 athletes in the five town community to participate in pre-season football skills and drills. Registration is now open on our website, fivetownfootball.com

FTF will again offer an 8 man tackle football program for 3-8th graders. The 7th and 8th grade middle school team will participate in a school based league. We also hope to offer a one night a week K-2 flag football introduction.

FTF is a non-profit organization funded entirely by local sponsor donations and can offer scholarship monies based on need to waive the registration fee. If interested in either program, or in becoming a sponsor, please visit our website, **fivetownfootball.com** or check us out on facebook.



SUMMER 2022

CANOEING WILDERNESS TRIP

Maine Canoeing & Leadership Expedition



for rising
9th - 11th graders

Aug. 7-12

Canoeing is a traditional way of moving through the Maine wilderness. While paddling through lakes & rivers, we will learn the art of Canoe Expeditioning on crystal clear water while camping on pristine sandy beaches. We'll learn paddling & rescue skills and how to navigate through remote & unique wilderness. We'll also build important skills for personal & expedition success: leadership development, team-building, camp-craft, cooking & more!

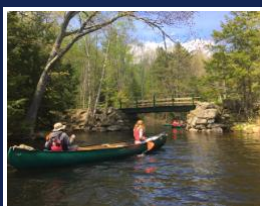
SEA KAYAKING WILDERNESS TRIP

Seas, Skies & Leadership Kayak Expedition

There is no better way to explore the Maine Coast than sea kayaking! We'll paddle through unique pockets of coastline, finding remote islands & sandy beaches to camp on. We'll explore the night sky with telescopes, and learn from our own MountainsSea astronomer! We'll hone our skills as camp cooks (cinnamon buns in the dutch oven!) & expeditionary leaders. This trip will have equal parts fun, personal & group challenge + exploratory science, while developing key leadership skills.

for rising
8th & 9th graders

July 19 - 23



ADVENTURE DAY CAMP

Best of the Midcoast!

for rising 5 - 7 th graders

Aug 1 - 4

We will explore the hills, coast, and waterways of the amazing midcoast! We will canoe, hike, play games and weave together themes of ecology and team-building while making new friends and developing our resiliency as outdoors explorers!

A nature-based day camp integrating ecology, art and play. Children will connect with the natural world, new friends, and themselves during this vibrant 4-day program. Our curiosities will lead the way to new learning, connection and so much fun!

EXPLORER'S CLUB DAY CAMP

for rising 1- 4 th graders

JUNE 27 - 30 & AUG 1 - 4

(choose from 2 sessions)



FOR MORE INFORMATION:

www.mountainseaexp.com

Sundog Outdoor Leadership Initiative

www.sundogoe.com

Outdoor Art experience for 7/8th graders

May 9-14 afterschool



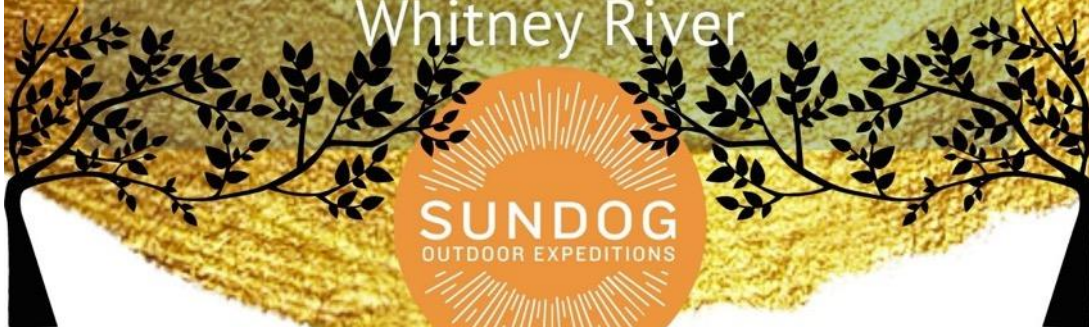
artists

Colin Page

Michelle Finn

Susan Beebe

Whitney River





Outdoor Art



Day One:

Rockland artist, **Susan Beebe**, will share her knowledge of Andy Goldsworthy and pose **forest sculpture** challenges for the group.

Day Two:

Colin Page of Camden will take us to the Rockport Harbor to **paint, paint, paint** as he shares tips on composition and color.

Day Three:

We are back in the forest with **Michelle Finn**, renown survivalist and expert in "primitive technologies" as she shows us **cordage & clay** & baskets & more.

Day Four:

We'll meet at Fernald's Neck with **Leah Trommer** of Coastal Mt Land Trust who will help us see interconnectedness of nature and art with **forest journalling**.

Day Five:

Boothbay's Botanical Gardens will be our palette as Camden artist, **Whitney River** shares pencil & shading skills and we follow the **Trail of the Trolls**.

For 7th & 8th graders ----- [register here](#)

Run 4 the MONEY 5K



We Are Back and Ready to Run!

- Sunday May 29, 2022
- Children's Fun Run - 9:30 AM
- 5K Event - 10:00 AM
- Register Online at:
moneyathleticfoundaton.org

Race day registration runs from 8:30 to 9:30 AM at the Lincolnville Central School, 523 Hope Road, Lincolnville, Maine.

Participants may pre-register using the online form on the webpage, pay by using the PayPal donate button, and all you will need to do is sign our release form on race day.

The cost is \$25.00 for adults and \$10.00 for children under the age of 12. All Proceeds go to the MONEY Athletic Foundation Scholarship Program.

Can't make it that day? No big deal ... you can "virtually" walk or run your 5K from anywhere. Just make your donation via paypal and send a course description, map, or photo to moneyathleticfoundation@gmail.com, so we can post it to our Facebook page!